

**AESTHETIC SURGERY OF THE BREAST
SAFE SURGICAL APPROACH NON INVASIVE AND
MINIMALLY INVASIVE SURGICAL TREATMENTS
THIRD EUROPEAN SYMPOSIUM**

Milano 10th - 12th December 2008



**Scuola di Oncologia
Chirurgica Ricostruttiva**



Conference Venue:

HOTEL MELIA

Via Masaccio, 19 - 20149 MILANO - Italy

Dear Colleague,

We are organizing the congress: Aesthetic Surgery of the Breast. Safe surgical approach. Non invasive and minimally invasive surgical treatments. Third European Symposium that will be held in Milano, 11th-12th December 2008.

Experts from the most prestigious Institutions will be present to enrich the Scientific Programme, to share and compare techniques and personal experiences with the audience.

Video surgery session will be held each morning and the opportunity to ask questions in real time directly to the surgeons that performed the operations will increase the teaching level to a very high standard.

Sessions dedicated to the use of botulinum toxin, fillers and new electrical devices, fat injection, breast implants, breast augmentation, breast reduction, breast detection and high aesthetic surgery of the breast will be included.

Best regards.

Maurizio Nava
Conference President



Official languages Italian and English**The conference will be simultaneously translated in Italian/English****Conference President**

Maurizio Nava - Italy

Scientific Committee

Mauricio De Maio - Brazil

Pierluigi Santi - Italy

Constantin Stan - Romania

Foad Nahai - U.S.A.

Organizing Committee:

Umberto Cortinovis

Joseph Ottolenghi

Angela Pennati

Egidio Riggio

Andrea Spano

Gianfranco Tunesi

Invited Speakers

Vito Abrusci - Italy

Phillip Blondeel - Belgium

Giovanni Botti - Italy

Daniel Cassuto - Italy

Sydney Coleman - U.S.A.

Delia Colombo - Italy

Marco Gasparotti - Italy

Andrea Grisotti - Italy

Elizabeth Hall-Findlay - Canada

Dennis Hammond - U.S.A.

Per Heden - Sweden

Siegmond Johannes - South Africa

Roger Khouri - U.S.A.

Egle Muti - Italy

Gabriele Muti - Italy

Franco Perego - Italy

Alberto Rancati - Argentina

Gino Rigotti - Italy

Gianfranco Scaperrotta - Italy

Michael Scheflan - Israel

Massimo Signorini - Italy

Daniele Vergnaghi - Italy

Organizing Committee**Secretariat:**

CQ Travel

08.00 Registration

09.00 Opening ceremony

WELCOME

M. Nava

NON INVASIVE TREATMENT

Chairman: M. De Maio

Lecture

09.00 - 09.30

F. Nahai: The needle vs. the knife?

09.30 - 13.00

FULL FACE TREATMENT

Chairman: **M. De Maio**

09.30 - 10.30

M. De Maio: Botulinum toxin and Fillers. Patient selection, planning and indications. Trade off and complications. Video and Multimedia presentation

10.30 - 10.45

G. Botti: Minimally invasive face lift

10.45 - 11.00

A. Rancati: Radiofrequency

11.00 - 11.15

V. Abrusci: Lasers

11.15 - 11.30

S. Coleman: Subtle fat injection

11.30 - 11.45

C. Stan: Multidisciplinary approaches

11.45 - 11.55

F. Perego: Suture suspension technique for mid face and neck rejuvenation

11.55 - 12.10

D. Cassuto: Natural-looking facial rejuvenation: How to combine surgery and technology

12.10 - 12.20

D. Colombo: Asculptor: L. Polylactic Acid (PLLA)

12.20 - 12.35

P. Heden: Fillers and new technique for fat transplantation increasing fat graft survival

12.35 - 13.00

Great Debate

Chairman: **P. Blondeel**

My choice of injectable material - confrontation of techniques

M. De Maio - G. Botti - C. Stan - F. Nahai

S. Coleman - P. Heden - D. Cassuto

13.00 - 14.00

Lunch

- 14.00 - 16.15** **BODY CONTOURING**
Chairman: **R. Khouri**
- 14.00 - 14.15** **M. Nava:** External ultrasound
- 14.15 - 14.30** **D. Cassuto:** Non-invasive body contouring: does it work?
- 14.30 - 14.45** **D. Colombo:** Compound Injections
- 14.45 - 15.00** **G. Muti:** Radiofrequency
- 15.00 - 15.15** **M. Signorini:** Treatments of stretch marks. Laser vs percutaneous collagen induction
- 15.15 - 15.45** **Face to Face**
Chairman: **M. Gasparotti**
G. Botti - S. Coleman - D. Cassuto - M. Signorini
- 15.45 - 16.15** **M. Gasparotti:** Comparison of methods in body contouring
- 16.15 - 16.40** **Coffee break**
- 16.40 - 19.00** **Breast Augmentation**
Chairman: **P. Heden**
- 16.40 - 16.55** **P. Heden:** Ialuronic acid: patient selection and injection techniques. Pros and cons
- 16.55 - 17.10** **R. Khouri:** Brava System
- 17.10 - 17.25** **S. Coleman:** Fat injection
- 17.25 - 17.40** **M. De Maio:** Minimal procedures
- 17.40 - 18.00** **Great Debate**
Chairman: **M. Nava - G. Rigotti**
Implants vs minimally or non invasive treatment
C. Stan - R. Khouri - S. Coleman - P. Blondeel - M. De Maio
- 18.00 - 18.15** **M. Scheflan:** Early experience in grafting fat enhanced with adipose derived cells in aesthetic patients breasts and face
- 18.15 - 18.30** **C. Stan:** Ideas and innovations for less invasive and less traumatic treatments
- 18.30 - 19.00** **Grand reviewer**
M. De Maio
- 19.00** **Cocktail**

BREAST AUGMENTATION

Chairman: **C. Stan**

08.00 - 11.00 **MASTERCLASS VIDEO TEACHING SESSION
PLANNING and SURGICAL TRICKS**

08.00 - 08.15 **C. Stan:** Submuscular placement

08.15 - 08.30 **M. Nava:** Subglandular placement

08.30 - 08.45 **D. Hammond:** Periareolar incision vs SPAIR

08.45 - 09.00 **M. De Maio:** Periareolar incision

09.00 - 09.15 **F. Nahai:** Transaxillary incision and saline implants

09.15 - 09.30 **A. Grisotti:** Secondary cases: how I solve them

09.30 - 09.45 **P. Heden:** Inframammary fold skin incision

09.45 - 10.00 **A. Rancati:** New surgical approach in ptotic breast

10.00 - 10.15 **S. Johannes:** A new bra system for breast mammoplasty

10.15 - 10.30 **E. Muti:** Retropectoral augmentation

10.30 - 10.45 **P. Blondeel:** Fat injection

10.45 - 11.00 **Questions and answers**

11.00 - 11.30 **Coffee break**

11.30 - 12.30 **Great Debate:**

How to achieve zero percent reoperative rate?

Chairman: **M. Nava**

P. Heden - C. Stan - D. Hammond - F. Nahai - A. Rancati

A. Grisotti - P. Blondeel - G. Rigotti

Lectures

12.30 - 12.45 **A. Rancati:** Anatomical implants in simultaneous periareolar Augmentation / Mastopexy

12.45 - 13.00 **M. Nava:** Implant evolution

13.00 - 14.00 **Lunch**

Workshop: **Can fat injection play a serious role in breast augmentation?**

14.00 - 15.00

Chairman: **G. Rigotti**

- 14.00 - 14.15** **R. Khouri:** BRAVA plus fat injection
- 14.15 - 14.30** **S. Coleman:** Augmentation and fat, how to manage it
- 14.30 - 14.45** **P. Blondeel:** Tuberous breast: new indications?
- 14.45 - 15.00** **G. Rigotti:** Reshaping the breast: pros and cons
- Workshop: Evolution of measurements**
15.00 - 16.10 Chairman: **C. Stan**
- 15.00 - 15.15** **P. Heden:** The Akademic clinic system
- 15.15 - 15.30** **C. Stan:** The contribution of computerized system
- 15.30 - 15.45** **D. Hammond:** The bodylogic system
- 15.45 - 16.00** **M. Nava:** According to patients desire
- 16.00 - 16.10** **Questions and remarks by the participants**
- 16.10 - 16.30** *Coffee break*
- 16.30 - 19.00** **BREAST AND IMPLANT DETECTION**
(when and why should we use ultrasound, mammography and MRI?)
- 16.30 - 16.50** **G. Scaperrotta:** Ultrasound and mammography
- 16.50 - 17.10** **D. Vergnaghi:** MRI
- 17.10 - 17.30** **Questions and remarks by the speakers and participants**
- 17.30 - 18.00** **ABSTRACTS**
- 18.00 - 18.10** **A. Grisotti:** Secondary cases: how to manage them?
- 18.10 - 18.40** **Great Debate:** How to improve cosmetic result after breast augmentation?
Chairman: **A. Grisotti**
F. Nahai - C. Stan - M. De Maio - P. Heden - A. Rancati
- 18.40 - 19.00** **Grand reviewer**
P. Blondeel
- 21.00** **Gala Dinner**

BREAST REDUCTION - MASTOPEXY
F. Nahai

- 08.00 - 11.00** **MASTERCLASS VIDEO TEACHING SESSION**
PLANNING and SURGICAL TRICKS
- 08.00 - 08.15** **C. Stan:** Pexy and augmentation
- 08.15 - 08.30** **M. Nava:** Ptotic breast: how to fill it
- 08.30 - 08.45** **D. Hammond:** SPAIR technique
- 08.45 - 09.00** **M. De Maio:** Periareolar incision
- 09.00 - 09.15** **F. Nahai:** Vertical scar: my experience
- 09.15 - 09.30** **E. Hall- Findlay:** Medial pedicle
- 09.30 - 09.45** **P. Heden:** Mastopexy after implant removal
- 09.45 - 10.00** **A. Rancati:** Vertical vs T-inverted scar
- 10.00 - 10.15** **G. Botti:** Tuberos breast: surgical approach
- 10.15 - 10.30** **E. Muti:** Mastopexy: how to improve the results
- 10.30 - 10.45** **P. Blondeel:** Lateral pedicle in vertical scar
- 10.45 - 11.00** **Questions and answers**
- 11.00 - 11.30** **Coffee break**
- 11.30 - 11.45** **A. Grisotti**
Mastopexy. Secondary cases
- 11.45 - 12.30** **Great Debate:** When and how is it better to use vertical or T-inverted scars?
Chairman: **E. Hall-Findlay**
C. Stan - M. Nava - D. Hammond - M. De Maio - F. Nahai
P. Heden - A. Rancati - G. Botti - E. Muti - P. Blondeel
A. Grisotti
- Lecture**
- 12.30 - 13.00** **E. Muti - M. De Maio**
Tuberos breast: a challenge for a plastic surgeon
- 13.00 - 14.00** **Lunch**

- Workshop**
14.00 - 15.00 **My choice of Pedicle and why?**
Chairman: **G. Botti**
- 14.00 - 14.15** **E. Hall - Findlay:** Medial
- 14.15 - 14.30** **D. Hammond:** Inferior
- 14.30 - 14.45** **P. Blondeel:** Lateral
- 14.45 - 15.00** **F. Nahai:** Superior
- Workshop**
15.00 - 16.30 **Vertical scar for all seasons?**
Chairman: **M. Nava**
- 15.00 - 15.15** **G. Botti:** Where can we reach with vertical scars?
- 15.15 - 15.30** **A. Rancati:** My personal results with vertical vs T inverted scar
- 15.30 - 15.45** **E. Muti:** My personal indications for T vs vertical
- 15.45 - 16.00** **M. De Maio:** Pros and cons of periareolar skin incision
- 16.00 - 16.30** **Questions and remarks**
- 16.30 - 17.00** *Coffee break*
- 17.00 - 18.00** **BREAST DETECTION**
(Breast reshaping and fat injection affect the diagnosis of cancer?)
- 17.00 - 17.20** **G. Scaperrotta:** Ultrasound and mammography
- 17.20 - 17.40** **D. Vergnaghi:** Can MRI help in particular cases?
- 17.40 - 18.00** **Questions and remarks**
- 18.00 - 18.30** **C. Span - M. Nava:**
News tools in breast surgical treatments
- 18.30 - 19.00** **Great debate:** Skin incision: does the position make the difference?
Chairman: **A. Grisotti**
M. De Maio - P. Heden - D. Hammond - E. Muti - M. Nava
- 19.00 - 19.30** **Grand reviewer**
E. Hall- Findlay
- 19.30** **Conference closure and remarks**

The School of Oncological Reconstructive Surgery was founded with the scope of increasing knowledge in the area of reconstructive oncology. Founded in June, 1999 by **Dr. Maurizio Nava**, director of the Plastic and Reconstructive Surgery Unit of the Fondazione IRCCS Istituto Nazionale dei Tumori di Milano.

The goals of the School are:

- To contribute in increasing information available in the area of oncological reconstructive surgery.
- To organize and promote Courses, Seminars and Congresses on this area of speciality.
- To develop research in oncological reconstructive surgery and produce journals and multi-media material.

To subscribe or get further information please contact the secretariat:

Fax+39.02.23902602

e-mail: info@scuolaocr.com C/O Mrs Alessandra Calestani

Abstracts

Participants are invited to send abstracts on:

- Innovations, complications and new techniques in breast aesthetic surgery
- Breast prevention and detection after aesthetic surgery
- Non invasive and minimally invasive surgical treatments

The abstracts will be reviewed by the Scientific Committee and the abstracts that are given the highest points will be included in the Scientific Programme.

Abstracts must be written in English and be in "Times New Roman" font and should not exceed 1000 characters.

Send the abstract either by e-mail as an attached document to:

congress@cq-travel.com indicating as the subject Aesthetic Surgery of the Breast or by surface mail saved on a cd in "word". You should indicate the authors name and the list of co-authors, the name of your institute and personal address, e-mail, telephone and fax.

The deadline for abstracts is 30th September 2008 and acceptance of the abstracts will be communicated before the 30th October 2008.

The postal address for abstracts is:

CQ Travel

Via Pagliano 3

20149 Milano - Italy

Useful information

Information about the congress can be found on our web-site:

www.scuolaocr.com

CONFERENCE VENUE

The conference will be held in the Melià Hotel in Milan. The area of the city where the hotel is situated is the “Fiera” area and the metro stop is “Lotto” which is on the Red Line 1. The direction to take is Rho-Fiera.

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During the conference, it is not permitted to film or take pictures of the speakers and/or their presentations.