

MBN : 2018



presents

AESTHETIC BREAST MEETING MILANO, 12th - 15th DECEMBER 2018

Meeting Venue:
Mi.Co. Fiera Milanocity Via Gattamelata - Gate 14

www.congress.maurizionava.it



Welcome to the MBN 2018

We always try to listen to the requests of our participants that follow us faithfully every year and try to make the changes in our program based on these suggestions. We love to bring new ideas and format renewals and try to keep up with the modern way of communicating with the attendees. The result of us taking all of this in consideration is that I have decided to change the conference this year and introduce live surgery and three pre-conference courses and master classes each day before and after the end of the main plenary sessions. This will imply greater commitment from all of us that are part of my team and a more challenging job by the faculty. In order to offer more space for more participants and allow more comfort inside and outside the conference venue, I decided to move to the MiCo, Milano Conference, a well-known conference center in the heart of Milano CityLife, Future inside the past and close to downtown Milan.

Maurizio Nava



CONFERENCE PRESIDENTS

Maurizio Bruno Nava - Italy

Alberto Rancati - Argentina

SCIENTIFIC COMMITTEE

Giuseppe Catanuto - Italy

Maurizio Bruno Nava - Italy

Nicola Rocco - Italy

ORGANIZING COMMITTEE

Gianfranco Tunesi - Italy

Valentina Visintini - Italy

Beekman Werner - The Netherlands

Blondeel Phillip - Belgium

Botti Giovanni - Italy

Catanuto Giuseppe - Italy

Clemens Mark - USA

De Fazio Domenico - Italy

De Vita Roy - Italy

Grotting James - Usa

Hammond Dennis - Usa

Harris Paul - UK

Innocenti Alessandro - Italy

Mallucci Patrick - UK

Mayo Federico - Spain

Montemurro Paolo - Sweden

Muhnoz Alexandre - Brazil

Nahabedian Mauricio - USA
Pompei Stefano - Italy
Rancati Alberto - Argentina
Randquist Charles - Sweden
Rigotti Gino - Italy
Rocco Nicola - Italy
Salgarello Marzia - Italy
Scaperrotta Gianfranco - Italy
Spano Andrea - Italy
Stan Constantin - Romania

ORGANIZING SECRETARIAT

MZ Congressi

Via C. Farini, 81 - 20159 Milano - (Italy)

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congress@maurizionava.it

(during the conference, it is not permitted to film
or take pictures of the speakers and/or their presentations)

Con il patrocinio di



Associazione Italiana Chirurgia Plastica Estetica



Wednesday 12th December

12.00 - 14.00

REGISTRATION

14.00 - 15.30

PRE-CONFERENCES COURSES - Led by experts (60-70 pax)

ORANGE ROOM A

M.B. Nava

Breast Augmentation.
From the first consultation to the final results.
Patients and Implant selection.
Measurements. Surgical procedures (videos).
Minimize contamination.
Post op.
Follow-up (Live Model)

ORANGE ROOM B

A. Rancati

Breast Reduction.
From the first consultation to the final results.
Surgical procedures, patients selection.
Pre-Op. Drawings.
Surgical details (videos).
Follow-up (Live Model)

ORANGE ROOM C

R. De Vita

Congenital Deformities and Secondary Approaches.
Surgical procedures: Planning. Pre Op. Drawings.
Surgical details (videos). Follow-up.

GREEN ROOM A

C. Stan

Mastopexy with or without implants. From the first consultation to the final results. Surgical procedures, patients selection. Pre Op. Drawings. Surgical details (videos). Follow-up.

GREEN ROOM B

D. Hammond

Breast Reduction. From the first consultation to the final results.
Surgical procedures, patients selection. how to minimize scars. Pre Op. Drawings. Surgical details (videos).
Follow-up.

GREEN ROOM C

Werner Beekman

Breast Augmentation. From the first consultation to the final results. Patients and Implant selection.
Measurements. Surgical procedures (videos). Minimize contamination. Post op. and Follow-up.

15.30 - 16.00

PRE-CONFERENCE COURSES - Leded by experts (60-70 pax)

GREEN ROOM A	GREEN ROOM B	GREEN ROOM C
G. Catanuto Standardization of outcome evaluations	N. Rocco Evidence Based Medicine in Aesthetic Surgery	A.M. Munhoz Round x Shaped x Ergonomics: Current Aspects in Breast Augmentation Surgery

16.00 - 16.20

COFFEE BREAK

ORANGE ROOM - PLENARY

16.20 - 17.35

COMPANIES MEET ATTENDEES

Talks on devices features, future researches and warnings

B. Leung - J.J.Chacon - F. Harvie - W. Steimel

17.35 - 18.05

QUESTIONS ON ALCL

CHAIRMAN: **N. Rocco**

DISCUSSANTS: **M.B. Nava - A. Rancati**

18.05 - 18.30

PANEL DISCUSSION

What innovation on breast implants over the past decade, has changed your choices and improved your results?

CHAIRS: **M.B. Nava - N. Rocco**

PANELISTS: **W. Beekman - R. De Vita - A.M. Munhoz**

M. Nahabedian - A. Rancati - C. Stan

18.30 - 19.00

INDUSTRIES WORKSHOP

19.00

COCKTAIL MINGLE SESSION. Meet and chat with the KOL.

Thursday 13th December

ORANGE ROOM - PLENARY

- 07.30 - 13.30 **LIVE SURGERY**
SURGEONS: **M.B. Nava - A. Rancati - A. Spano - G. Tunesi - V. Visintini**
CHAIRMAN in the OR: **R. De Vita**
CHAIRS in the plenary room: **D. Hammond - S. Pompei - A.M. Munhoz**
Directly from the Madonnina Clinic, two operating rooms, a series of different surgical procedures will be showed and discussed in an interactive way with the attendees.
- 07.30 - 08.15 Patients features and drawings
- 10.00 - 11.00 *COFFEE STATION*
- 13.00 - 14.00 *LUNCH & CONFERENCE REGISTRATION*

MBN 2018 - AESTHETIC BREAST MEETING

Breast Reshaping

ORANGE ROOM - PLENARY

- 14.00 **WELCOME M.B. Nava**
- 14.10 - 14.40 **INTRODUCING LECTURE**
How to choose the best pedicle according to size and shape of the breast and how to maintain the upper pole fullness **S. Pompei**
- MASTOPEXY**
CHAIRMAN: **S. Pompei**
- 14.40 - 14.55 Pexy with or without Scars **A. Spano**
- 14.55 - 15.10 Soft Tissue Mastopexy **D. Hammond**
- 15.10 - 15.25 Mastopexy after massive weight loss **J. Grotting**
- 15.25 - 15.40 How to reshape the breast after implant removal **C. Stan**
- 15.40 - 15.50 Q&A DISCUSSION **S. Pompei - J. Grotting**

BREAST REDUCTION

CHAIRMAN: **M. Salgarello**

15.50 - 16.05 T inverted scar old fashion or still a gold standard? **A. Rancati**

16.05 - 16.20 Meshes to reduce ptosis and bottoming out? **R. De Vita**

16.20 - 16.35 How to deal with important complications **J. Grotting**

16.35 - 16.45 Q&A DISCUSSION **M. Salgarello**

HOT TOPICS

CHAIRMAN: **M.B. Nava**

16.50 - 17.15 "Light" implants: indications and patients selection? **S. Pompei**

17.15 - 17.30 Breast Augmentation Using Anatomical Implants With Fixation System
F. Mayo

17.30 - 17.45 Ten Years Experience with dual gel implants. Patients selection and surgical procedure **M.B. Nava**

17.45 - 18.05 Not all breast implants are equal: a 13 years review of implants longevity and reasons for explantation **M. Nahabedian**

18.05 - 18.30

PANEL DISCUSSION

NPWT in Aesthetic Breast Surgery: to prevent and treat complications

CHAIRS: **M. B. Nava - A. Rancati**

PANELISTS: **J. Grotting - D. Hammond - S. Pompei - A. Spano**

18.30 - 19.00

MASTERCLASS

M. Salgarello

Polyurethane covered textured implant: my personal experience and how I've changed my surgery

GREEN ROOM A

GREEN ROOM B

GREEN ROOM C

MASTERCLASS

D. Hammond

SPAIR Technique:
patients selection and
surgical tricks

MASTERCLASS

A. Spano

Mastopexy with
"autologous glandular"
prosthesis

MASTERCLASS

J. Grotting

Vertical Scar for Breast
Reduction and Pexy

19.00 - 19.30

INDUSTRY WORKSHOPS

Friday 14th December

GREEN ROOM A

GREEN ROOM B

GREEN ROOM C

08.00 - 08.30

MASTERCLASS

C. Stan

Patient consultation and simplified implant selection

MASTERCLASS

G. Botti

Axillary breast augmentation

MASTERCLASS

C. Randquist

How to optimize implant positioning, Regardless of implant shape or texturing

ORANGE ROOM - PLENARY

08.00 - 08.30

MASTERCLASS

P. Montemurro

My experience with textured implants: why they are still indicated

08.30 - 09.00

BREAKFAST IN THE EXHIBITION BOOTHS

09.00 - 09.30

INTRODUCING LECTURE: The ideal breast **R. De Vita**

PLANNING AND MEASUREMENTS

CHAIRMAN: **M.B. Nava**

09.30 - 09.45

How to measure and to choose the correct implant and new IMF position when using anatomical implants **P. Montemurro**

09.45 - 10.00

How to measure and to choose the right implant and new IMF position when using round implants **P. Harris**

10.00 - 10.15

How to simplify implant selection according to patients wishes and anatomical features: an easy algorithm **M.B. Nava**

10.15 - 10.35

3D devices: a marketing tool or a real device that allows better planning? **D. Hammond vs P. Montemurro**

10.35 - 10.50

Simultaneous mastopexy augmentation by periareolar approach **A. Rancati**

10.50 - 11.00

Q&A DISCUSSION **M.B. Nava**

11.00 - 11.25 Biological Morphogenetic Surgery: what we can learn from Tuberos Breast Surgery **G. Rigotti**

MYTHS vs REALITY

CHAIRMAN: **M.B. Nava**

11.25 - 11.40 Implant rupture: who or what really impacts on this problem?
A. Rancati

11.40 - 11.55 Can a round implant become anatomical? If yes: how I can determine the distribution in the inferior pole? The constricted inferior pole? **G. Botti vs P. Montemurro**

11.55 - 12.10 Capsule Contracture - ALCL - Chronic Inflammatory Reaction: Does Minimizing implant contamination play any role? What do we know from the literature **M. Clemens**

12.10 - 12.25 Which is the real difference among Macro - Micro & Smooth surfaces?
N. Rocco

12.25 - 12.40 New shaped smooth surface implants: how to fix them?

12.40 - 12.50 Q&A DISCUSSION **M.B. Nava**

12.50 - 14.00 *LUNCH*

SURGICAL APPROACHES

CHAIRMAN: **A.M. Munhoz**

14.00 - 14.15 Can skin incisions really affect complications? Malposition, waterfall deformities, bottoming out, capsule contracture **D. Hammond**

14.15 - 14.30 The importance of immobilization and compression garments
C. Randquist

14.30 - 14.45 Breast Asymmetry: how to correct this according to gravity? Implants alone or an association of implant and mastopexy-reduction? **M. Salgarello**

14.45 - 15.00 Skinny patients: which kind of implant or adjuvant procedures should be used? **G. Botti**

15.00 - 15.15 Tuberos Breast: how to manage it **A. Innocenti**

15.15 - 15.25 Q&A DISCUSSION **A.M. Munhoz - A. Spano**

15.25 - 15.40 **THREE ABSTRACTS SESSION**

COMPLICATIONS AND REVISION SURGERY

CHAIRMAN: **M. Clemens**

- 15.40 - 15.55 Size change, a complication in communication **C Randquist**
- 15.55 - 16.10 Management of Complications with Nanotextured Implants **A.M. Munhoz**
- 16.10 - 16.25 Polyurethane coated implants: when and how **S. Pompei**
- 16.25 - 16.40 Implant options in revision surgery **P. Harris**
- 16.40 - 16.55 Revision Surgery and Common Complications After Breast Augmentation: how to prevent and treat **C. Stan**
- 16.55 - 17.10 Matrices or meshes only for revision surgery? **M. Nahabedian**
- 17.10 - 17.25 There is no perfect implant for every patient **C. Ranquist**
- 17.25 - 17.35 Q&A DISCUSSION **M. Clemens**

17.35 - 18.00 *COFFEE BREAK*

- 18.00 - 18.30 Diagnosis and Surgical management of ALCL patients **M. Clemens**

18.30 - 19.00 **MASTERCLASS**

J. Grotting

How to prevent and how to solve complications in breast aesthetic surgery

19.00 - 19.30 **MASTERCLASS**

A. Rancati

Augmented/Virtual reality in breast diagnosis and training

GREEN ROOM A

GREEN ROOM B

GREEN ROOM C

18.30 - 19.00

MASTERCLASS

A.M. Munhoz

Breast augmentation in radio-treated women after BCS: how to solve it?

MASTERCLASS

R. De Vita

My way of implants selection, round vs anatomical, according to patients wishes.

MASTERCLASS

M. Nahabedian

Intraoperative technique and postoperative management of patients with form stable anatomical implants

19.00 - 19.30

MASTERCLASS

C. Randquist

The art of consultation
in Aesthetic Breast
Surgery

MASTERCLASS

A.M. Munhoz

The Subfascial
Approach to Primary
and Secondary Breast
Augmentation with
Autologous Fat
Grafting: the HYBRID
concept

MASTERCLASS

D. Hammond

Implant selection: round
vs anatomical, rough vs
smooth according to
patients wishes and
anatomical features

21.00

SOCIAL DINNER

Saturday 15th December

GREEN ROOM A

GREEN ROOM B

GREEN ROOM C

08.00 - 08.30

MASTERCLASS

P. Blondeel

Composite breast
Augmentation

MASTERCLASS

M. Nahabedian

Fat grafting to
solve side effects in
secondary revision
surgery or to prevent
them in primary
augmentation

MASTERCLASS

D. De Fazio

Enriched fat grafting:
can make the
difference?

ORANGE ROOM - PLENARY

08.00 - 08.30

MASTERCLASS

G. Rigotti

My journey through fat grafting: what I have changed during overtime

08.30 - 09.00

BREAKFAST IN THE EXHIBITION BOOTHS

CONSENSUS CONFERENCE

Fat Cells Grafting:

Safety-Breast Detection-Intake-Long Lasting Results

09.00 - 09.15

Harvesting: which is the best procedure **P. Blondeel**

09.15 - 09.30

Injecting: how to do it in order to have the best intake **D. De Fazio**

09.30 - 09.45

Processing: centrifugation, decantation or new devices **G. Rigotti**

09.45 - 10.00

Fat grafting and implants: Pros and cons **A. Rancati**

10.00 - 10.15

How to measure the intake and is the single procedure possible?
R. De Vita

10.15 - 10.30

Oncological safety: where are we? **A.M. Munhoz**

10.30 - 10.45

Radiotreated tissue: rate of non responder **G. Rigotti**

10.45 - 11.00

Breast detection: can this be affected by the fat grafting **G. Scaperrotta**

- 11.00 - 11.15 Q&A DISCUSSION **M.B. Nava**
- 10.30 - 11.30 *COFFEE STATION*
- 11.15 - 13.15 **CONSENSUS STATEMENTS**
CHAIRS: **M.B. Nava - N. Rocco**
PANELISTS: **P. Blondeel - G. Botti - M. Clemens - D. De Fazio
R. De Vita - J. Grotting - D. Hammond - P. Harris - P. Montemurro A.M.
Munhoz - M. Nahabedian - S. Pompei - A. Rancati
G. Rigotti - M. Salgarello - G. Scaperrotta - A. Spano - C. Stan**
- 13.15 - 13.55 **CLOSING REMARKS M.B. Nava**
- 13.30 *FAREWELL CEREMONY (LUNCH)*
MINGLE SESSION: meet and chat with the Industries

Next meetings:

Oncoplastic Breast Meeting:

December 11/14.2019

Aesthetic Breast Surgery:

December 09/12.2020

Oncoplastic Breast Meeting:

December 09/12.2021

Save the dates!

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AND THERAPEUTIC ADVANCEMENTS

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