presents

AESTHETIC BREAST MEETING
MILANO, 12th - 15th DECEMBER 2018

Meeting Venue:
Mi.Co. Fiera Milanocity Via Gattamelata - Gate 14

www.congress.maurizionava.it
Welcome to the MBN 2018

We always try to listen to the requests of our participants that follow us faithfully every year and try to make the changes in our program based on these suggestions. We love to bring new ideas and format renewals and try to keep up with the modern way of communicating with the attendees. The result of us taking all of this in consideration is that I have decided to change the conference this year and introduce live surgery and three pre-conference courses and master classes each day before and after the end of the main plenary sessions. This will imply greater commitment from all of us that are part of my team and a more challenging job by the faculty. In order to offer more space for more participants and allow more comfort inside and outside the conference venue, I decided to move to the MiCo, Milano Conference, a well-known conference center in the heart of Milano CityLife, Future inside the past and close to downtown Milan.

Maurizio Nava
CONFERENCE PRESIDENTS
Nava Maurizio Bruno - Italy
Rancati Alberto - Argentina

SCIENTIFIC COMMITTEE
Catanuto Giuseppe - Italy
Nava Maurizio Bruno - Italy
Rancati Alberto - Argentina
Rocco Nicola - Italy

ORGANIZING COMMITTEE
Tunesi Gianfranco - Italy
Visintini Valentina - Italy

Beekman Werner - The Netherlands
Blondeel Phillip - Belgium
Botti Giovanni - Italy
Catanuto Giuseppe - Italy
Clemens Mark - USA
De Fazio Domenico - Italy
De Vita Roy - Italy
Grotting James - USA
Hammond Dennis - USA
Harris Paul - UK
Innocenti Alessandro - Italy
Mallucci Patrick - UK
Mayo Federico - Spain
Montemurro Paolo - Sweden
Muhnoz Alexandre - Brazil
Nahabedian Mauricio - USA
Pompei Stefano - Italy
Rancati Alberto - Argentina
Randquist Charles - Sweden
Rigotti Gino - Italy
Rocco Nicola - Italy
Salgarello Marzia - Italy
Scaperrotta Gianfranco - Italy
Spano Andrea - Italy
Stan Constantin - Romania

ORGANIZING SECRETARIAT
MZ Congressi
Via C. Farini, 81 - 20159 Milano - (Italy)
Phone +39 02 66802323 - Fax +39 02 6686699
congress@maurizionava.it

(during the conference, it is not permitted to film or take pictures of the speakers and/or their presentations)
## Wednesday 12th December

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>12.00 - 14.00</td>
<td>REGISTRATION</td>
</tr>
<tr>
<td>14.00 - 15.30</td>
<td>PRE-CONFERENCES COURSES - Led by experts (60-70 pax)</td>
</tr>
</tbody>
</table>

### ORANGE ROOM A
- **M.B. Nava**
  - Breast Augmentation.
  - From the first consultation to the final results.
  - Patients and Implant selection.
  - Measurements. Surgical procedures (videos).
  - Minimize contamination.
  - Post op.
  - Follow-up (Live Model)

### ORANGE ROOM B
- **A. Rancati**
  - Breast Reduction.
  - From the first consultation to the final results.
  - Surgical procedures, patients selection.
  - Pre-Op. Drawings.
  - Surgical details (videos).
  - Follow-up (Live Model)

### ORANGE ROOM C
- **R. De Vita**
  - Congenital Deformities and Secondary Approaches.
  - Surgical procedures:
    - Planning.
    - Surgical details (videos).
    - Follow-up.

### GREEN ROOM A
- **C. Stan**
  - Mastopexy with or without implants.
  - From the first consultation to the final results.
  - Surgical procedures, patients selection.
  - Surgical details (videos).
  - Follow-up.

### GREEN ROOM B
- **D. Hammond**
  - Breast Reduction.
  - From the first consultation to the final results.
  - Surgical procedures, patients selection.
  - how to minimize scars.
  - Surgical details (videos).
  - Follow-up.

### GREEN ROOM C
- **Werner Beekman**
  - Breast Augmentation.
  - From the first consultation to the final results.
  - Patients and Implant selection.
  - Measurements.
  - Surgical procedures (videos).
  - Minimize contamination.
  - Post op. and Follow-up.
15.30 - 16.00  PRE-CONFERENCE COURSES - Leaded by experts (60-70 pax)

<table>
<thead>
<tr>
<th>GREEN ROOM A</th>
<th>GREEN ROOM B</th>
<th>GREEN ROOM C</th>
</tr>
</thead>
<tbody>
<tr>
<td>G. Catanuto</td>
<td>N. Rocco</td>
<td>A.M. Munhoz</td>
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<tr>
<td>Standardization of outcome evaluations</td>
<td>Evidence Based Medicine in Aesthetic Surgery</td>
<td>Round x Shaped x Ergonomics: Current Aspects in Breast Augmentation Surgery</td>
</tr>
</tbody>
</table>

16.00 - 16.20  COFFEE BREAK

16.20 - 17.35  ORANGE ROOM - PLENARY

COMPANIES MEET ATTENDEES
Talks on devices features, future researches and warnings
B. Leung - J.J.Chacon - F. Harvie - W. Steimel

17.35 - 18.05  QUESTIONS ON ALCL
CHAIRMAN:  N. Rocco
DISCUSSANTS:  M.B. Nava - A. Rancati

18.05 - 18.30  PANEL DISCUSSION
What innovation on breast implants over the past decade, has changed your choices and improved your results?
CHAIRS:  M.B. Nava - N. Rocco
PANELISTS:  W. Beekman - R. De Vita - A.M. Munhoz
M. Nahabedian - A. Rancati - C. Stan

18.30 - 19.00  INDUSTRIES WORKSHOP

19.00  COCKTAIL MINGLE SESSION. Meet and chat with the KOL.
Thursday 13th December

**ORANGE ROOM - PLENARY**

07.30 - 13.30  **LIVE SURGERY**  
CHAIRMAN in the OR: R. De Vita  
CHAIRS in the plenary room: D. Hammond - S. Pompei - A.M. Munhoz  
Directly from the Madonnina Clinic, two operating rooms, a series of different surgical procedures will be showed and discussed in an interactive way with the attendees.

07.30 - 08.15  Patients features and drawings

10.00 - 11.00  **COFFEE STATION**

13.00 - 14.00  **LUNCH & CONFERENCE REGISTRATION**

**MBN 2018 - AESTHETIC BREAST MEETING**  
*Breast Reshaping*

**ORANGE ROOM - PLENARY**

14.00  WELCOME  M.B. Nava

14.10 - 14.40  **INTRODUCING LECTURE**  
How to choose the best pedicle according to size and shape of the breast and how to maintain the upper pole fullness  S. Pompei

**MASTOPEXY**  
CHAIRMAN: S. Pompei

14.40 - 14.55  Pexy with or without Scars  A. Spano

14.55 - 15.10  Soft Tissue Mastopexy  D. Hammond

15.10 - 15.25  Mastopexy after massive weight loss  J. Grotting

15.25 - 15.40  How to reshape the breast after implant removal  C. Stan

15.40 - 15.50  Q&A DISCUSSION  S. Pompei - J. Grotting
BREAST REDUCTION
CHAIRMAN: M. Salgarello
15.50 - 16.05 T inverted scar old fashion or still a gold standard? A. Rancati
16.05 - 16.20 Meshes to reduce ptosis and bottoming out? R. De Vita
16.20 - 16.35 How to deal with important complications J. Grotting
16.35 - 16.45 Q&A DISCUSSION M. Salgarello

HOT TOPICS
CHAIRMAN: M.B. Nava
16.50 - 17.15 “Light” implants: indications and patients selection? S. Pompei
17.15 - 17.30 Breast Augmentation Using Anatomical Implants With Fixation System F. Mayo
17.30 - 17.45 Ten Years Experience with dual gel implants. Patients selection and surgical procedure M.B. Nava
17.45 - 18.05 Not all breast implants are equal: a 13 years review of implants longevity and reasons for explantation M. Nahabedian
18.05 - 18.30 PANEL DISCUSSION
NPWT in Aesthetic Breast Surgery: to prevent and treat complications
CHAIRS: M.B. Nava - A. Rancati
PANELISTS: R. De Vita - J. Grotting - D. Hammond - A.M. Munhoz A. Spano
18.30 - 19.00 MASTERCLASS
M. Salgarello
Polyurethane covered textured implant: my personal experience and how I’ve changed my surgery

GREEN ROOM A GREEN ROOM B GREEN ROOM C

MASTERCLASS MASTERCLASS MASTERCLASS
D. Hammond A. Spano J. Grotting
SPAIR Technique: patients selection and surgical tricks Mastopexy with “autologous glandular” prosthesis Vertical Scar for Breast Reduction and Pexy
19.00 - 19.30 INDUSTRY WORKSHOPS
Friday 14th December

GREEN ROOM A
08.00 - 08.30
MASTERCLASS
C. Stan
Patient consultation and simplified implant selection

GREEN ROOM B
08.00 - 08.30
MASTERCLASS
G. Botti
Axillary breast augmentation

GREEN ROOM C
08.00 - 08.30
MASTERCLASS
C. Randquist
How to optimize implant positioning, Regardless of implant shape or texturing

ORANGE ROOM - PLENARY
08.00 - 08.30
MASTERCLASS
P. Montemurro
My experience with textured implants: why they are still indicated

08.30 - 09.00
BREAKFAST IN THE EXHIBITION BOOTHS

09.00 - 09.30
INTRODUCING LECTURE: The ideal breast
R. De Vita
PLANNING AND MEASUREMENTS
CHAIRMAN: M.B. Nava
09.30 - 09.45
How to measure and to choose the correct implant and new IMF position when using anatomical implants
P. Montemurro
09.45 - 10.00
How to measure and to choose the right implant and new IMF position when using round implants
P. Harris
10.00 - 10.15
How to simplify implant selection according to patients wishes and anatomical features: an easy algorithm
M.B. Nava
10.15 - 10.35
3D devices: a marketing tool or a real device that allows better planning?
D. Hammond vs P. Montemurro
10.35 - 10.50
Simultaneous mastopexy augmentation by periareolar approach
A. Rancati
10.50 - 11.00
Q&A DISCUSSION
M.B. Nava
<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter(s)</th>
</tr>
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<tbody>
<tr>
<td>11.00 - 11.25</td>
<td>Biological Morphogenetic Surgery: what we can learn from Tuberous Breast Surgery</td>
<td>G. Rigotti</td>
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<tr>
<td>11.25 - 11.40</td>
<td>Implant rupture: who or what really impacts on this problem?</td>
<td>A. Rancati</td>
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<tr>
<td>11.40 - 11.55</td>
<td>Can a round implant become anatomical? If yes: how I can determine the distribution in the inferior pole? The costricted inferior pole?</td>
<td>G. Botti vs P. Montemurro</td>
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<td>11.55 - 12.10</td>
<td>Capsule Contracture - ALCL - Chronic Inflammatory Reaction: Does Minimizing implant contamination play any role? What do we know from the literature</td>
<td>M. Clemens</td>
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<tr>
<td>12.10 - 12.25</td>
<td>Which is the real difference among Macro - Micro &amp; Smooth surfaces?</td>
<td>N. Rocco</td>
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<td>12.25 - 12.40</td>
<td>New shaped smooth surface implants: how to fix them?</td>
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<td>12.40 - 12.50</td>
<td>Q&amp;A DISCUSSION</td>
<td>M.B. Nava</td>
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<td>12.50 - 14.00</td>
<td>LUNCH</td>
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<td>14.00 - 14.15</td>
<td>Can skin incisions really affect complications? Malposition, waterfall deformities, bottoming out, capsule contracture</td>
<td>D. Hammond</td>
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<td>14.15 - 14.30</td>
<td>The importance of immobilization and compression garments</td>
<td>C. Randquist</td>
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<td>14.30 - 14.45</td>
<td>Breast Asymmetry: how to correct this according to gravity? Implants alone or an association of implant and mastopexy-reduction?</td>
<td>M. Salgarello</td>
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<td>14.45 - 15.00</td>
<td>Skinny patients: which kind of implant or adjuvant procedures should be used?</td>
<td>G. Botti</td>
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<td>15.00 - 15.15</td>
<td>Tuberous Breast: how to manage it</td>
<td>A. Innocenti</td>
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<td>15.15 - 15.25</td>
<td>Q&amp;A DISCUSSION</td>
<td>A.M. Munhoz - A. Spano</td>
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<td>15.25 - 15.40</td>
<td>THREE ABSTRACTS SESSION</td>
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**COMPLICATIONS AND REVISION SURGERY**

**CHAIRMAN:** M. Clemens

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>15.40 - 15.55</td>
<td>Size change, a complication in communication</td>
<td>C Randquist</td>
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<tr>
<td>15.55 - 16.10</td>
<td>Management of Complications with Nanotextured Implants</td>
<td>A.M. Munhoz</td>
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<tr>
<td>16.10 - 16.25</td>
<td>Polyurethane coated implants: when and how</td>
<td>S. Pompei</td>
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<tr>
<td>16.25 - 16.40</td>
<td>Implant options in revision surgery</td>
<td>P. Harris</td>
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<tr>
<td>16.55 - 17.10</td>
<td>Matrices or meshes only for revision surgery?</td>
<td>M. Nahabedian</td>
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<td>17.10 - 17.25</td>
<td>There is no perfect implant for every patient</td>
<td>C. Ranquist</td>
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<tr>
<td>17.25 - 17.35</td>
<td>Q&amp;A DISCUSSION</td>
<td>M. Clemens</td>
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<tr>
<td>17.35 - 18.00</td>
<td><strong>COFFEE BREAK</strong></td>
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<tr>
<td>18.00 - 18.30</td>
<td>Diagnosis and Surgical management of ALCL patients</td>
<td>M. Clemens</td>
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<td>18.30 - 19.00</td>
<td><strong>MASTERCLASS</strong></td>
<td>J. Grotting</td>
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<td>How to prevent and how to solve complications in breast aesthetic surgery</td>
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<td>19.00 - 19.30</td>
<td><strong>MASTERCLASS</strong></td>
<td>A. Rancati</td>
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<td>Augmented/Virtual reality in breast diagnosis and training</td>
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<td>18.30 - 19.00</td>
<td><strong>MASTERCLASS</strong></td>
<td>A.M. Munhoz</td>
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<td>Breast augmentation in radio-treated women after BCS: how to solve it?</td>
<td>R. De Vita</td>
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<td>My way of implants selection, round vs anatomical, according to patients wishes.</td>
<td>M. Nahabedian</td>
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<td>Intraoperative technique and postoperative management of patients with form stable anatomical implants</td>
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<tr>
<td>Time</td>
<td>Masterclass 1</td>
<td>Masterclass 2</td>
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<td>19.00 - 19.30</td>
<td>C. Randquist</td>
<td>A.M. Munhoz</td>
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<td></td>
<td>The art of consultation in Aesthetic Breast Surgery</td>
<td>The Subfascial Approach to Primary and Secondary Breast Augmentation with Autologous Fat Grafting: the HYBRID concept</td>
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<tr>
<td>21.00</td>
<td>SOCIAL DINNER</td>
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### Saturday 15th December

<table>
<thead>
<tr>
<th>Time</th>
<th>Green Room A</th>
<th>Green Room B</th>
<th>Green Room C</th>
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<tbody>
<tr>
<td>08.00 - 08.30</td>
<td><strong>MASTERCLASS</strong></td>
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<td>P. Blondeel</td>
<td>M. Nahabedian</td>
<td>D. De Fazio</td>
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<td></td>
<td>Composite breast Augmentation</td>
<td>Fat grafting to solve side effects in secondary revision surgery or to prevent them in primary augmentation</td>
<td>Enriched fat grafting: can make the difference?</td>
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### ORANGE ROOM - PLENARY

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>08.00 - 08.30</td>
<td><strong>MASTERCLASS</strong></td>
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<td></td>
<td>G. Rigotti</td>
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<td>My journey through fat grafting: what I have changed during overtime</td>
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<tbody>
<tr>
<td>08.30 - 09.00</td>
<td><strong>BREAKFAST IN THE EXHIBITION BOOTHS</strong></td>
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### CONSENSUS CONFERENCE

Fat Cells Grafting:
- Safety
- Breast Detection
- Intake
- Long Lasting Results

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>09.00 - 09.15</td>
<td>Harvesting: which is the best procedure  P. Blondeel</td>
</tr>
<tr>
<td>09.15 - 09.30</td>
<td>Injecting: how to do it in order to have the best intake  D. De Fazio</td>
</tr>
<tr>
<td>09.30 - 09.45</td>
<td>Processing: centrifugation, decantation or new devices  G. Rigotti</td>
</tr>
<tr>
<td>09.45 - 10.00</td>
<td>Fat grafting and implants: Pros and cons  A. Rancati</td>
</tr>
<tr>
<td>10.00 - 10.15</td>
<td>How to measure the intake and is the single procedure possible?  R. De Vita</td>
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<tr>
<td>10.15 - 10.30</td>
<td>Oncological safety: where are we?  A.M. Munhoz</td>
</tr>
<tr>
<td>10.30 - 10.45</td>
<td>Radiotreated tissue: rate of non responder  G. Rigotti</td>
</tr>
<tr>
<td>10.45 - 11.00</td>
<td>Breast detection: can this be affected by the fat grafting  G. Scaperrotta</td>
</tr>
</tbody>
</table>
11.00 - 11.15 Q&A DISCUSSION  M.B. Nava

10.30 - 11.30  COFFEE STATION

11.15 - 13.15  CONSENSUS STATEMENTS  
CHAIRS: M.B. Nava - N. Rocco  
PANELISTS: P. Blondeel - G. Botti - M. Clemens - D. De Fazio  
R. De Vita - J. Grotting - D. Hammond - P. Harris - P. Montemurro A.M.  
Munhoz - M. Nahabedian - S. Pompei - A. Rancati  
G. Rigotti - M. Salgarello - G. Scaperrotta - A. Spano - C. Stan

13.15 - 13.55 CLOSING REMARKS  M.B. Nava

13.30  FAREWELL CEREMONY (LUNCH)  
MINGLE SESSION: meet and chat with the Industries
#NeverStopLearning

Next meetings:
Oncoplastic Breast Meeting:
December  11/14.2019

Aesthetic Breast Surgery:
December  09/12.2020

Oncoplastic Breast Meeting:
December  09/12.2021

Save the dates!

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GROUP FOR RECONSTRUCTIVE AND THERAPEUTIC ADVANCEMENTS

MZ
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