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**AESTHETIC BREAST MEETING**  
*MILANO, 12<sup>th</sup> - 15<sup>th</sup> DECEMBER 2018*

Mi.Co. Fiera Milanocity

**MBN** :2018

We always try to listen to the requests of our participants that follow us faithfully every year and try to make the changes in our program based on these suggestions. We love to bring new ideas and format renewals and try to keep up with the modern way of communicating with the attendees. The result of us taking all of this in consideration is that I have decided to change the conference this year and introduce live surgery and three pre-conference courses and master classes each day before and after the end of the main plenary sessions. This will imply greater commitment from all of us that are part of my team and a more challenging job by the faculty. In order to offer more space for more participants and allow more comfort inside and outside the conference venue, I decided to move to the MiCo, Milano Conference, a well-known conference center in the heart of Milano CityLife, Future inside the past and close to downtown Milan.

## **Maurizio Nava**



**#NeverStopLearning**

## FACULTY

### CONFERENCE PRESIDENTS

Nava Maurizio Bruno - Italy  
Rancati Alberto - Argentina

### ORGANIZING COMMITTEE

Tunesi Gianfranco - Italy  
Visintini Valentina - Italy

Argenzio Vincenzo - Italy  
Beekman Werner - The Netherlands  
Blondeel Phillip - Belgium  
Botti Giovanni - Italy  
Casabona Francesco - Italy  
Catanuto Giuseppe - Italy  
Clemens Mark - USA  
De Fazio Domenico - Italy  
De Vita Roy - Italy  
Ferrando Pietro - Italy  
Grotting James - Usa  
Hammond Dennis - Usa  
Harris Paul - UK  
Innocenti Alessandro - Italy

### SCIENTIFIC COMMITTEE

Catanuto Giuseppe - Italy  
Nava Maurizio Bruno - Italy  
Rancati Alberto - Argentina  
Rocco Nicola - Italy

Mayo Federico - Spain  
Montemurro Paolo - Sweden  
Muhnoz Alexandre - Brazil  
Nahabedian Mauricio - USA  
Pompei Stefano - Italy  
Rancati Alberto - Argentina  
Randquist Charles - Sweden  
Rigotti Gino - Italy  
Rocco Nicola - Italy  
Salgarello Marzia - Italy  
Scaperrotta Gianfranco - Italy  
Spano Andrea - Italy  
Stan Constantin - Romania

Con il patrocinio di



Associazione Italiana Chirurgia Plastica Estetica



Società Italiana di Chirurgia Plastica Ricostruttiva ed Estetica



# *PROGRAMME*

# Wednesday 12th December

12.00 - 14.00

REGISTRATION

14.00 - 15.30

PRE-CONFERENCES COURSES - Led by experts (60-70 pax)

## ORANGE ROOM 1

### M.B. Nava

Breast Augmentation.  
From the first consultation to the final results.  
Patients and Implant selection.  
Measurements. Surgical procedures (videos).  
Minimize contamination.  
Post op.  
Follow-up (Live Model)

## ORANGE ROOM 2

### A. Rancati

Breast Reduction.  
From the first consultation to the final results.  
Surgical procedures, patients selection.  
Pre-Op. Drawings.  
Surgical details (videos).  
Follow-up (Live Model)

## ORANGE ROOM 3

### R. De Vita

Congenital Deformities and Secondary Approaches.  
Surgical procedures: Planning. Pre Op. Drawings.  
Surgical details (videos). Follow-up.

## GREEN ROOM 1

### C. Stan

Mastopexy with or without implants. From the first consultation to the final results.  
Surgical procedures, patients selection.  
Pre Op. Drawings.  
Surgical details (videos). Follow-up.

## GREEN ROOM 2

### D. Hammond

Breast Reduction. From the first consultation to the final results.  
Surgical procedures, patients selection.  
How to minimize scars.  
Pre Op. Drawings.  
Surgical details (videos). Follow-up.

## GREEN ROOM 3

### W. Beekman

Breast Augmentation. From the first consultation to the final results. Patients and Implant selection.  
Measurements.  
Surgical procedures (videos). Minimize contamination. Post op. and Follow-up.

15.30 - 16.00

**PRE-CONFERENCE COURSES - Leded by experts (60-70 pax)**

<b>GREEN ROOM 1</b>	<b>GREEN ROOM 2</b>	<b>GREEN ROOM 3</b>
<b>G. Catanuto</b> Standardization of outcome evaluations	<b>N. Rocco</b> Evidence Based Medicine in Aesthetic Surgery	<b>A.M. Munhoz</b> Round x Shaped x Ergonomics: Current Aspects in Breast Augmentation Surgery

16.00 - 16.30

*COFFEE BREAK*

**ORANGE ROOM - PLENARY**

16.30 - 17.45

**COMPANIES MEET ATTENDEES**

Talks on devices features, future researches and warnings

**F. Harvie - A. Holmes - B. Leung - T.A. Perry - W. Steimel**

17.45 - 18.15

**QUESTIONS ON ALCL**

CHAIRMAN: **N. Rocco**

DISCUSSANTS: **M.B. Nava - A. Rancati**

18.15 - 18.45

**PANEL DISCUSSION**

What innovation on breast implants over the past decade, has changed your choices and improved your results?

CHAIRS: **M.B. Nava - N. Rocco**

PANELISTS: **W. Beekman - R. De Vita - D. Hammond - A.M. Munhoz  
A. Rancati - C. Stan**

19.00

*COCKTAIL MINGLE SESSION. Meet and chat with the KOL.*

# Thursday 13th December

## ORANGE ROOM - PLENARY

- 07.30 - 13.30 **LIVE SURGERY**  
SURGEONS: **M.B. Nava - A. Rancati - A. Spano - G. Tunesi - V. Visintini**  
CHAIRMAN in the OR: **R. De Vita**  
CHAIRS in the plenary room: **D. Hammond - A.M. Munhoz - S. Pompei**  
Directly from the Madonnina Clinic, two operating rooms, a series of different surgical procedures will be showed and discussed in an interactive way with the attendees.
- 07.30 - 08.15 Patients features and drawings
- 10.00 - 11.00 *COFFEE STATION*
- 13.00 - 14.00 *LUNCH & CONFERENCE REGISTRATION*

## MBN 2018 - AESTHETIC BREAST MEETING

### *Breast Reshaping*

## ORANGE ROOM - PLENARY

- 14.00 **WELCOME** M.B. Nava - A. Rancati
- 14.10 - 14.40 **INTRODUCING LECTURE**  
How to choose the best pedicle according to size and shape of the breast and how to maintain the upper pole fullness **S. Pompei**
- MASTOPEXY**  
CHAIRMAN: **S. Pompei**
- 14.40 - 14.55 Pexy with or without Scars **A. Spano**
- 14.55 - 15.10 Soft Tissue Mastopexy **D. Hammond**
- 15.10 - 15.25 Mastopexy after massive weight loss **J. Grotting**
- 15.25 - 15.40 How to reshape the breast after implant removal **C. Stan**
- 15.40 - 15.50 Q&A DISCUSSION **S. Pompei - J. Grotting**

## BREAST REDUCTION

CHAIRMAN: **M. Salgarello**

- 15.50 - 16.05 T inverted scar old fashion or still a gold standard? **A. Rancati**
- 16.05 - 16.20 Meshes to reduce ptosis and bottoming out? **R. De Vita**
- 16.20 - 16.35 How to deal with important complications che diventa: Mastopexy Augmentation Pearls **J. Grotting**
- 16.35 - 16.45 Q&A DISCUSSION **M. Salgarello**

## HOT TOPICS

CHAIRMAN: **M.B. Nava**

- 16.50 - 17.15 "Light" implants: indications and patients selection? **S. Pompei**
- 17.15 - 17.30 Breast Augmentation Using Anatomical Implants With Fixation System  
**F. Mayo**
- 17.30 - 17.45 Ten Years Experience with dual gel implants. Patients selection and surgical procedure **M.B. Nava**
- 17.45 - 18.05 Not all breast implants are equal: a 13 years review of implants longevity and reasons for explantation **M. Nahabedian**

18.05 - 18.30 **PANEL DISCUSSION**

NPWT in Aesthetic Breast Surgery: to prevent and treat complications

CHAIRS: **M.B. Nava - A. Rancati**

PANELISTS: **R. De Vita - P. Ferrando - J. Grotting - D. Hammond**

**A.M. Munhoz - M. Nahabedian - M. Salgarello - A. Spano**

### ORANGE ROOM PLENARY

### GREEN ROOM 1

### GREEN ROOM 2

### GREEN ROOM 3

18.30  
19.00

#### MASTERCLASS

**M. Salgarello**

Polyurethane covered textured implant: my personal experience and how I've changed my surgery

#### MASTERCLASS

**D. Hammond**

SPAIR Technique: patients selection and surgical tricks

#### MASTERCLASS

**A. Spano**

Mastopexy with "autologous glandular" prosthesis

#### MASTERCLASS

**J. Grotting**

Vertical Scar for Breast Reduction and Pexy

19.00 - 19.30 INDUSTRY WORKSHOPS



# Friday 14th December

	ORANGE ROOM PLENARY	GREEN ROOM 1	GREEN ROOM 2	GREEN ROOM 3
08.00	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>
08.30	<b>P. Montemurro</b>  My experience with textured implants: why they are still indicated	<b>C. Stan</b>  Patient consultation and simplified implant selection	<b>G. Botti</b>  Axillary breast augmentation	<b>C. Randquist</b>  How to optimize implant positioning, regardless of implant shape or texturing

08.30 - 09.00 *BREAKFAST IN THE EXHIBITION BOOTHS*

## ORANGE ROOM - PLENARY

09.00 - 09.30	<b>INTRODUCING LECTURE:</b> The ideal breast <b>R. De Vita</b> <b>PLANNING AND MEASUREMENTS</b> CHAIRMAN: <b>M.B. Nava</b>
09.30 - 09.45	How to measure and to choose the correct implant and new IMF position when using anatomical implants <b>P. Montemurro</b>
09.45 - 10.00	How to measure and to choose the right implant and new IMF position when using round implants <b>P. Harris</b>
10.00 - 10.15	How to simplify implant selection according to patients wishes and anatomical features: an easy algorithm <b>M.B. Nava</b>
10.15 - 10.35	3D devices: a marketing tool or a real device that allows better planning? <b>D. Hammond vs P. Montemurro</b>
10.35 - 10.50	Simultaneous mastopexy augmentation by periareolar approach <b>A. Rancati</b>
10.50 - 11.00	Q&A DISCUSSION <b>M.B. Nava</b>

11.00 - 11.25 Biological Morphogenetic Surgery: what we can learn from Tuberos Breast Surgery **G. Rigotti**

**MYTHS vs REALITY**

CHAIRMAN: **M.B. Nava**

11.25 - 11.40 Implant rupture: who or what really impacts on this problem?  
**A. Rancati**

11.40 - 11.55 Can a round implant become anatomical? If yes: how I can determine the distribution in the inferior pole? The constricted inferior pole?  
**G. Botti vs P. Montemurro**

11.55 - 12.10 Capsule Contracture - ALCL - Chronic Inflammatory Reaction: Does Minimizing implant contamination play any role? What do we know from the literature **M. Clemens**

12.10 - 12.25 Which is the real difference among Macro - Micro & Smooth surfaces?  
**N. Rocco**

12.25 - 12.40 New shaped smooth surface implants: how to fix them? **F. Mayo**

12.40 - 12.50 Q&A DISCUSSION **M.B. Nava**

12.50 - 14.00 *LUNCH*

**SURGICAL APPROACHES**

CHAIRMAN: **A.M. Munhoz**

14.00 - 14.15 Can skin incisions really affect complications? Malposition, waterfall deformities, bottoming out, capsule contracture **D. Hammond**

14.15 - 14.30 The importance of immobilization and compression garments  
**C. Randquist**

14.30 - 14.45 Breast Asymmetry: how to correct this according to gravity? Implants alone or an association of implant and mastopexy-reduction? **M. Salgarello**

14.45 - 15.00 Skinny patients: which kind of implant or adjuvant procedures should be used? **G. Botti**

15.00 - 15.15 Tuberos Breast: how to manage it **A. Innocenti**

15.15 - 15.25 Q&A DISCUSSION **A.M. Munhoz - A. Spano**

15.25 - 15.40 **THREE ABSTRACTS SESSION**

## COMPLICATIONS AND REVISION SURGERY

CHAIRMEN: **M. Clemens - M.B. Nava**

- 15.40 - 15.52 Size change, a complication in communication **C. Randquist**
- 15.52 - 16.04 Management of Complications with Nanotextured Implants **A.M. Munhoz**
- 16.04 - 16.16 Polyurethane coated implants: when and how **S. Pompei**
- 16.16 - 16.28 Implant options in revision surgery **P. Harris**
- 16.28 - 16.40 Revision Surgery and Common Complications After Breast Augmentation: how to prevent and treat **C. Stan**
- 16.40 - 16.52 Matrices or meshes only for revision surgery? **M. Nahabedian**
- 16.52 - 17.04 Synthetic mesh in the complications of cosmetic surgery **V. Argenzio**
- 17.04 - 17.16 There is no perfect implant for every patient **C. Randquist**
- 17.16 - 17.40 *COFFEE BREAK*
- 17.40 - 18.00 Diagnosis and Surgical management of ALCL patients **M. Clemens**
- 18.00 - 18.15 Do we need to change our practice due to ALCL risk? **M.B. Nava**
- 18.15 - 18.30 Q&A DISCUSSION **M. Clemens - M.B. Nava**

	ORANGE ROOM PLENARY	GREEN ROOM 1	GREEN ROOM 2	GREEN ROOM 3
18.30	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>
19.00	<b>J. Grotting</b> How to prevent and how to solve complications in breast aesthetic surgery	<b>A.M. Munhoz</b> Breast augmentation in radio-treated women after BCS: how to solve it?	<b>R. De Vita</b> My way of implants selection, round vs anatomical, according to patients wishes	<b>M. Nahabedian</b> Intraoperative technique and postoperative management of patients with form stable anatomical implants

	ORANGE ROOM PLENARY	GREEN ROOM 1	GREEN ROOM 2	GREEN ROOM 3
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19.00  
19.30

**MASTERCLASS**

**A. Rancati**

Augmented/Virtual reality in breast diagnosis and training

**MASTERCLASS**

**C. Randquist**

The art of consultation in Aesthetic Breast Surgery

**MASTERCLASS**

**A.M. Munhoz**

The Subfascial Approach to Primary and Secondary Breast Augmentation with Autologous Fat Grafting: the HYBRID concept

**MASTERCLASS**

**D. Hammond**

Implant selection: round vs anatomical, rough vs smooth according to patients wishes and anatomical features

21.00

*SOCIAL DINNER*

# Saturday 15th December

	ORANGE ROOM PLENARY	GREEN ROOM 1	GREEN ROOM 2	GREEN ROOM 3
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08.00	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>	<b>MASTERCLASS</b>
08.30	<b>G. Rigotti</b> My journey through fat grafting: what I have changed during overtime	<b>P. Blondeel</b> Composite breast Augmentation	<b>M. Nahabedian</b> Fat grafting to solve side effects in secondary revision surgery or to prevent them in primary augmentation	<b>D. De Fazio</b> Enriched fat grafting: can make the difference?

08.30 - 09.00 *BREAKFAST IN THE EXHIBITION BOOTHS*

## ORANGE ROOM - PLENARY

### CONSENSUS CONFERENCE

#### Fat Cells Grafting: Safety-Breast Detection-Intake-Long Lasting Results

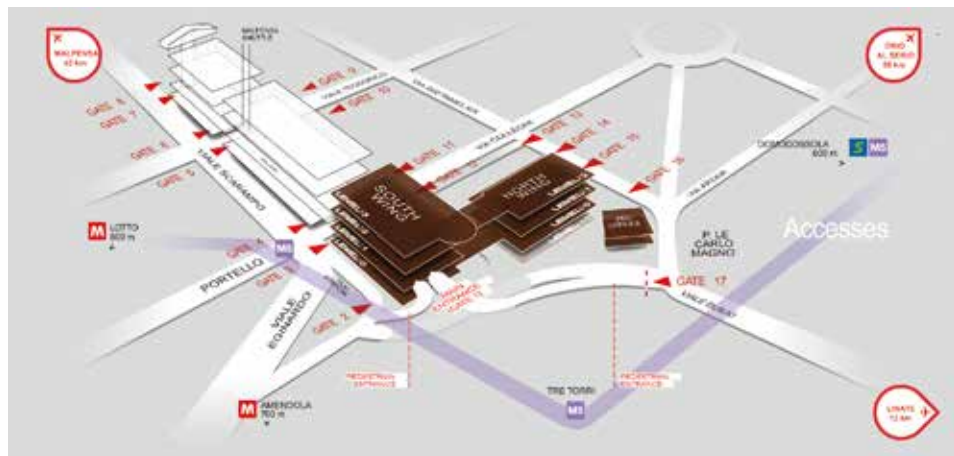
09.00 - 09.15	Harvesting: which is the best procedure <b>P. Blondeel</b>
09.15 - 09.35	Injecting: how to do it in order to have the best intake <b>D. De Fazio</b>
09.35 - 09.50	Fat grafting and implants: Pros and cons <b>A. Rancati</b>
09.50 - 10.05	How to measure the intake and is the single procedure possible? <b>R. De Vita</b>
10.05 - 10.20	Oncological safety: where are we? <b>A.M. Munhoz</b>
10.20 - 10.35	Radiotreated tissue: rate of non responder <b>G. Rigotti</b>
10.35 - 10.50	PRP and Fat Grafting to Improve the décolleté <b>F. Casabona</b>
10.50 - 11.10	Breast detection: can this be affected by the fat grafting <b>G. Scaperrotta</b>
11.10 - 11.30	Q&A DISCUSSION <b>M.B. Nava</b>

- 10.30 - 11.30 *COFFEE STATION*
- 11.30 - 13.15 **CONSENSUS STATEMENTS**  
CHAIRS: **M.B. Nava - N. Rocco**  
PANELISTS: **P. Blondeel - G. Botti - M. Clemens - D. De Fazio**  
**R. De Vita - J. Grotting - D. Hammond - P. Harris - P. Montemurro**  
**A.M. Munhoz - M. Nahabedian - S. Pompei - A. Rancati - G. Rigotti**  
**M. Salgarello - G. Scaperrotta - A. Spano - C. Stan**
- 13.15 - 13.55 **CLOSING REMARKS** **M.B. Nava**
- 14.00 *FAREWELL CEREMONY (LUNCH)*  
*MINGLE SESSION: meet and chat with the Industries*

## MEETING VENUE

### MiCo - Milano Convention Centre

**North Wing Entrance:** from via Gattamelata, 5 (Gate 14)



### Metro

- **Lilac Line 5:** get off at the “Portello” stop, walk along via Colleoni and, on the right, via Gattamelata for approx. 450 m, otherwise get off at the “Domodossola FNM” stop, and walk about 600 m towards the Congress Centre.
- **Red Line 1:** get off at the “Cadorna” stop, exit the subway and go to the railroad station above : take the first train departing and get off at the “Domodossola” stop – just 600 m from the Congress Centre
- **Green Line 2:** get off at “Cadorna”, exit the subway and go to the railroad station above: take the first train departing and get off at the “Domodossola” stop – just 600 m from the Congress Centre.
- **Yellow Line 3:** Get off at “Duomo”, switch to the Red Line 1 (RHO Fiera Milano direction) get off at the “Cadorna” stop, exit the subway and go to the railroad station above: take the first train departing and get off at the “Domodossola” stop - just 600 m from the Congress Centre.

### PARKING:

The car parking for the MiCo Congress Center is located in Viale Scarampo. Full day ticket: Euro 14,00.

### **Secretariat**

The registration desk, located at the entrance of the Congress Venue, is open as follows:

Wednesday 12th December: 12.00 am - 7.00 pm

Thursday 13th December: 7.00 am - 7.00 pm

Friday 14th December: 7.30 am - 7.30 pm

Saturday 15th December: 7.30 am - 2.00 pm

Registrations for the attendees of the Aesthetic Breast Meeting (13th-15th December) will open on Thursday 13th December at 1 pm.

### **Exhibition**

The exhibition area is located in the Congress Venue, Level -1.

Participants are encouraged to visit the industry exhibition, which will be accessible for the duration of the congress.

### **Scientific Sessions**

All Scientific Sessions will take place at Level -1. The conference hours are specified in the programme.

### **Badges**

Participants are requested to wear their badges at all time during the conference for admission to all the conference areas.

Badges have been colour-coded as follows:

- Red: Faculty
- Blue: Delegate Full Conference
- Green: Delegate Pre Conference Course + Live Surgery
- Yellow: Delegate MBN Meeting
- Grey: Exhibitors-Sponsors



## GENERAL INFORMATION

### Registration fee

All delegates must register for the congress. Registration fees are as follows:

Full Conference (12th -15th Dec, 2018)

- Delegate: EUR 1300
- Student: EUR 700

Pre Conference Course + Live Surgery (12th -13th Dec, 2018)

- Delegate: EUR 600
- Student: EUR 450

MBN Meeting (13th - 15th Dec, 2018)

- Delegate: EUR 1.050
- Student: EUR 550

Note: Registration in the STUDENT category is only open to people able to provide a valid official certificate.

On-site registrations and Social dinner tickets must be paid only by credit card or cash. Cheques will not be accepted.

### Refund Policy

In case of cancellation without replacement, the fee less handling charges of 50 EURO will be refunded, provided a written request is received by MZ Congressi before 15th October 2018.

No refund can be made if notice of cancellation is received after this date. Any refund will be made after the conference.

### Registration Package

The conference registration package includes:

- Conference bag and information package
- Certificate of attendance
- Attendance at the scientific sessions
- Access to the exhibition area
- Meals as indicated in the programme

### **Congress Kit**

The congress kit can be picked up at the Congress Kit Desk near the registration area, upon presentation of the congress-kit ticket provided with your badge.

### **Certificates of Attendance**

Certificates of attendance will be sent by email at the end of the congress.

### **Language**

Simultaneous translation in English/Italian is provided for the Aesthetic Breast Meeting only (from 13th December pm till 15th December). The Masterclass parallel sessions will not be translated. Headsets are available at the cloakroom desk.

### **Cloakroom**

A cloakroom will be available for clothes and luggages for the whole duration of the congress.

### **WI FI**

Wi-Fi will be available in the conference area.

Network: MiCo\_WiFi\_Guest

Password: fmcgu3st

### **Audiovisual Center**

The audiovisual centre for the speakers is located on Level -1, next to the Orange Room.

### **Intellectual Property**

During the conference, it is not permitted to film or take pictures of the speakers and/or their presentations.

### **Assistance**

Staff members will be pleased to assist you at the registration desk for any further information you may require.

**SOCIAL DINNER at THE TERRAZZA APEROL**  
**FRIDAY 14<sup>TH</sup> DECEMBER**



The panoramic Terrazza Aperol will host the Social Dinner of MBN 2018. Come and join us to dine and taste the famous Spritz cocktail, while admiring the Duomo Cathedral!

**Entrance:** Il Mercato del Duomo, next to the Gallery Vittorio Emanuele (1st floor)

**Directions:**

UNDERGROUND MM LINE 1(Red) or MM LINE 3 (YELLOW) - Duomo Station

TRANSFER SERVICES: It is also available a bus to the event location for the guests that will leave from MiCo, Gate 14 at 8.30 p.m.

Make sure to secure your booking, as places are limited, Please ask for information at the registration desk.

**SOCIAL PROGRAMME TICKETS** not included in the registration fees.

Ticket cost: Euros 80 per person

It will be possible to buy your tickets at the Registration Desk.

If you have already booked your tickets through the online registration system, you will find them inside your congress badge. Please show the ticket at the entrance of Terrazza Aperol.

## EXHIBITION AREA



COMPANY	BOOTH
Allergan	1
Ambromedica	8
Bontempi	13
Canfield Scientific	15
Caromed	18
Estheticon	9
Gabol	19
GC Aesthetics	12
Klox Technologies	6
Lipoelastic	20
Mentor	7
Minerva	17
Motiva	4
Piccin	14
Polytech	2 - 3
Smith & Nephew	5
Sunmedical	11
Tabloid di medicina estetica	10
UEA	16

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**PICCIN**



Tabloid di medicina  
estetica



## EDUCATIONAL CREDITS

Educational credits (ECM) provided to the Italian attendees

**Provider:** MZ Congressi (ID 966)

**Target:** Medico Chirurgo (specializzazioni: Chirurgia Generale Chirurgia Plastica e Ricostruttiva)

**Obiettivo formativo:** Contenuti tecnico-professionali (conoscenze e competenze) specifici di ciascuna professione, di ciascuna specializzazione e di ciascuna attività ultraspecialistica. Malattie rare.

**Crediti:** 5,7

Si ricorda che per ottenere il rilascio dei crediti formativi ECM attribuiti alla giornata formativa, ogni partecipante deve:

- frequentare il 90% dell'impegno orario previsto, documentato dal foglio firme giornaliero (a partire dalle ore 14.00 del 13/12 sino alle ore 13.00 del 15/12);
- compilare obbligatoriamente la scheda anagrafica in ogni suo campo (in stampatello o in calligrafia leggibile), i cui dati saranno utilizzati esclusivamente ai fini ECM; le schede incomplete o illeggibili rendono impossibile l'assegnazione dei crediti ECM;
- compilare il questionario di gradimento dell'evento.

Si informa che l'attestato di partecipazione ECM non costituisce titolo abilitante per l'esercizio delle attività trattate.



**Next meeting:**  
Oncoplastic Breast Meeting:  
December 11/14.2019

**Save the date!**

**MBN** : DOTT.  
MAURIZIO  
BRUNO  
NAVA



**MZ**  
CONGRESSI

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