



MBN

MILANO BREAST NETWORK

MAURIZIO BRUNO NAVA

MBN2026

**AESTHETIC
BREAST MEETING**

MILANO

WELCOME

We are delighted to welcome you to MBN 2026, the Milano Breast Network, which will take place in Milan from 3 to 5 December, in a beautiful new venue right in the heart of the city.

After the great success of the 2024 edition entirely dedicated to aesthetic breast surgery, we have prepared an even richer and more ambitious meeting for this year, once again focused exclusively on aesthetic breast surgery. We believe that one of the greatest strengths of MBN 2026 will be its outstanding international faculty, with world-class speakers coming from 15 different countries. Their experience, vision, and surgical expertise will offer participants a truly unique opportunity to learn from some of the most respected names in the field.

At the same time, MBN 2026 will not follow the traditional congress model based simply on a long sequence of lectures. We have designed the meeting to be far more dynamic and interactive, with extensive space dedicated to discussion, controversies, round tables, video sessions, live planning, and exchange between faculty and audience. Our goal is not only to share knowledge, but to encourage real discussion, critical thinking, and practical take-home messages.

For this reason, we believe that MBN 2026 will offer an exceptionally high scientific level, combined with a format that is modern, engaging, and strongly focused on what really matters in everyday practice.

We are confident that this will be a meeting not to be missed for anyone with a serious interest in aesthetic breast surgery, and we very much look forward to welcoming you to Milan this December.

Paolo Montemurro - Congress President

Maurizio Bruno Nava - Honorary President



A vertical orange graphic with a trapezoidal top and a rectangular bottom. The word "FACULTY" is written vertically in white, bold, sans-serif capital letters. At the top, there are two small orange squares, one above the other, partially overlapping the top edge of the graphic.

FACULTY

Bill ADAMS	USA
Christoph ANDREE	Germany
Yoav BARNEA	Israel
Giovanni BISTONI	Spain
Phillip BLONDEEL	Belgium
Giovanni BOTTI	Italy
Ernesto BUCCHERI	Italy
Barbara CAGLI	Italy
Thiago CAVALCANTI	Brazil
Roy DE VITA	Italy
Federico MAYO	Spain
Jian FARHADI	Switzerland
Moustapha HAMDI	Belgium
Dennis HAMMOND	USA
Paul HARRIS	UK
Per HEDÈN	Sweden
Radu IONESCU	Romania
Bernardo KRULIG	Venezuela
Giulia LO RUSSO	Italy
Patrick MALLUCCI	UK
Jaume MASIA	Spain
Patricia McGUIRE	USA
Mario MENDANHA	Portugal
Alexandre MUNHOZ	Brazil
Nora NUGENT	UK
Maximilian OTTE	Germany
Marc PACIFICO	UK
Alberto RANCATI	Argentina
Marzia SALGARELLO	Italy
Constantin STAN	Romania
Demetris STAVROU	Cyprus

A vertical orange graphic with a trapezoidal top and a rectangular bottom. The words "SCIENTIFIC" and "COMMITTEE" are written vertically in white, bold, sans-serif capital letters. At the top, there are two small orange squares, one above the other, partially overlapping the top edge of the graphic.

SCIENTIFIC COMMITTEE

Maurizio Bruno NAVA	Italy
Paolo MONTEMURRO	Italy
Patrick MALLUCCI	UK

3

DECEMBER THURSDAY



8.00 – 9:00 REGISTRATION AND WELCOME

9.00 – 10.00 **NEW TECHNIQUES AND EMERGING SOLUTIONS IN AESTHETIC BREAST SURGERY** (10'each)
Chair: **M.B. Nava**

The Breast Net - **M. Pacifico**
Preventive Use of VAC Therapy in Aesthetic Breast Surgery - **G. Bistoni**
Scar-Wars in Augmentation Mastopexy. Strategies, Mistakes, and My Personal Algorithm - **J. Masia**
How To Predict & Manage NAC ischemia - **A. Rancati**

10.00 – 11.00 **INSIDE THE TECHNIQUE: VIDEO SESSIONS** 
1. BREAST REDUCTION (7'each)
Chair: **M. Salgarello**

Stabilization Mastopexy By Releasing Glandular Restrictive Components
B. Krulig
The DUS Breast-Reduction Mammoplasty - **C. Andree**
Over 10 year's Follow Up Experience After Breast Reduction With Modified Ribeiro Flap - **B. Cagli**

2. MESH (7'each)
Chair: **G. Bistoni**

Mastopexy with Mesh: Surgical Technique Step by Step - **P. Harris**
Versatile Use of Galaflex in Breast Reduction and Mastopexy - **E. Buccheri**
Soft Tissue Support - Absorbable Mesh vs Scaffold - **B. Adams**

11.00 – 11.20 COFFEE BREAK

11.20 – 11.50 **MY WORST CASE: COMPLICATION OR MISTAKE?**
Why it went wrong, whether it was bad luck or a mistake, how it was managed, what it taught me (5' each)
Chair: **N. Nugent**

Speakers: **J. Masia, B. Krulig, F. Mayo, M. Otte**

11.50 – 12.20 **WHEN TO HOLD BACK: JUST BECAUSE YOU CAN, DOESN'T MEAN YOU SHOULD**
Patient selection, red flags, unrealistic expectations, soft tissue limitations, revision cases to refuse (5' each)
Chair: **M. Otte**

Speakers: **A. Rancati, N. Nugent, P. McGuire, T. Cavalcanti**

12.20 – 13.30 **NO SLIDES, NO FILTERS: BREAST SURGERY UNSCRIPTED**
An interactive round table on hot topics in breast surgery (15' each topic)
Chair: **P. McGuire**

On stage: **P. Hedén, A. Munhoz, P. Mallucci, B. Adams, D. Hammond**
1. Is ALCL Still An Issue?
2. What Surface Is The Best Surface?
3. Smaller Implant Sizes: Real Trend Or Geographic Preference?
4. What I Have Changed Over The Years

13.30 – 14.30 LUNCH

14:30 – 15.20 **THE MALE CHEST: AESTHETIC AND GENDER-AFFIRMING SURGERY**
(10'each)
Chair – **G. Lo Russo**

Transgender Female To Male Breast Surgery - **C. Andree**
Masculine Ches-Wall Contouring In Transgender Men - **G. Lo Russo**
Mastectomy in Female-to-Male Transition - **G. Botti**
Optimizing Surgical Results in Gynecomastia Treatment - **E. Buccheri**

15:20 – 16.20 **THE MBN TRIAL**
Putting Breast Surgery Controversies on the Stand

CASE 1 (30 minutes)
Dual-Plane Augmentation on Trial
Still Relevant, Overused, or Outdated?
Judge - **P. McGuire**
Prosecutor - **D. Hammond**
Defense Counsel - **B. Adams**
Witnesses for the Prosecution - **N. Nugent, A. Rancati**
Witnesses for the Defense - **R. Ionescu, Y. Barnea**

CASE 2 (30 minutes)
Polyurethane implants on trial
Still Underused, Increasingly Overused, or Simply Misunderstood?
Judge - **J. Farhadi**
Prosecutor - **M. Pacifico**
Defense Counsel - **P. Mallucci**
Witnesses for the Prosecution - **P. Harris, G. Botti**
Witnesses for the Defense - **T. Cavalcanti, M. Hamdi**

16.20 – 16.40 COFFEE BREAK

16.40 – 17.40 **INDUSTRY SPONSORED SESSION 1**

17.40 – 18.40 **INDUSTRY SPONSORED SESSION 2**
Live Planning with Models

18.40 – 20.00 WELCOME COCKTAIL

4

DECEMBER FRIDAY



8.30 – 9.30

THE TUBEROUS BREAST: PRINCIPLES, COMPLEXITIES, AND SURGICAL STRATEGY (10' each)

Chair: **J. Masia**

Tuberous Breast Correction: Just A Question Of Time - **B. Cagli**

Critical Thinking In The Tuberous Breast - **N. Nugent**

Augmentation Of The Constricted Breast: Principles and Pitfalls - **P. Hedén**

A Deep Dive Into The Treatment Of Tuberous Breast - **C. Stan**

9.30 – 10.30

INSIDE THE TECHNIQUE: VIDEO SESSIONS

1. MASTOPEXY AUGMENTATION (7' each)

Chair: **D. Stavrou**

Augmentation Mastopexy: My Technique - **T. Cavalcanti**

Maintaining Shape In Augmentation Mastopexy - **M. Salgarello**

My Experience With Mastopexy Augmentation - **M. Hamdi**

2. REVISION MASTOPEXY AUGMENTATION (7' each)

Chair: **E. Buccheri**

Reoperative Augmentation Mastopexy: Transitioning from Macrot textured to SmoothSilk Implants and How to Get Stable Results - **A. Munhoz**

Revising The Multiply Operated Breast - **D. Hammond**

Re-mastopexy Augmentation: What We Have To Avoid - **M.B. Nava**

10.30 – 10.50 COFFEE BREAK

10.50 – 11.50

BEYOND IMPLANTS: THE EVOLVING ROLE OF FAT TRANSFER IN BREAST AUGMENTATION (10' each)

Chair: **C. Andree**

Fat Transfer in Breast Augmentation: What I Have Learned - **P. Bondeel**

Hybrid Breast Augmentation: The Best of Both Worlds - **Y. Barnea**

Fat Banking: The Next Frontier in Breast Augmentation - **R. De Vita**

Composite Breast Surgery: Balancing Proportions and Achieving the Best Results **M. Mendanha**

11.50 – 13.00 **FACE TO FACE: THE GREAT CONTROVERISSES IN BREAST AUGMENTATION** (15' each topic)

Chairs: **B. Adams, A. Rancati**

1. Primary Breast Augmentation
Textured or Smooth? – **R. De Vita** vs **A. Munhoz**
2. Revision Surgery
Polyurethane or Smooth? - **P. Mallucci** vs **P. Blondeel**
3. Fat Grafting In Breast Augmentation
Yes or no? - **M. Mendanha** vs **P. McGuire**
4. Primary Breast Augmentation
A New Philosophy or a Proven Standard? – **C. Stan** vs **M.B. Nava**

13.00 – 14.00 LUNCH

14:00 – 15.00 **THE KEYNOTE SERIES** (15' each)

My Journey Through Breast Surgery - **G. Botti**
State of the Art Breast Augmentation 2026 and Beyond - **B. Adams**
Breast Implant Illness: Update on potential etiologies and recommendations for management - **P. McGuire**
Wisdom Earned: Changes, Mistakes, and Evolution in Breast Surgery
P. Blondeel

15:00 – 16:00 **INSIGHTS FROM THE EXPERTS: MODERN CHALLENGES IN BREAST SURGERY** (10'each)

Chair: **J. Farhadi**

The Evolution Of Breast Augmentation: Implants, Planes And Philosophies **M. Otte**
PRIME GRAFT in Breast Surgery: Improving the Projection of the Breast by Volumetric Enhancement of the Pectoralis - **M. Mendanha**
Managing Breast Implant Malposition: From Cause to Correction
P. Montemurro
Primary Breast Augmentation In Transgender Patients - **G. Lo Russo**

16.00 – 16.30 COFFEE BREAK

16.30 – 17.30 **INDUSTRY SPONSORED SESSION 1**

17.30 – 18.30 **INDUSTRY SPONSORED SESSION 2**

Live Planning with Models

20:00 SOCIAL DINNER

5

DECEMBER
SATURDAY



8.30 – 9.30

LIFE AFTER IMPLANTS: MANAGING THE BREAST FOLLOWING EXPLANTATION (10' each)

Chair: **Y. Barnea**

Management Of The Breast After Implant Removal - **D. Hammond**
When No Implant Is The Better Choice: The Explant-Only Approach
J. Farhadi

How to Restore Shape, Volume, and Patient Satisfaction After Explantation
A. Munhoz

Multiple Failed Implant Surgery: Management After Implant Removal
M. Salgarello

9.30 – 10.30

RAPID FIRE – DEEP DIVE

Sharp insights into key surgical questions (5' each)

Chair: **F. Mayo**

1. Understanding and Managing Waterfall Deformity

Speakers: **P. Harris, Y. Barnea, R. Ionescu**

2. Key Measurements for Implant Selection

Speakers: **R. De Vita, M. Hamdi, J. Farhadi, D. Stavrou**

3. Managing the Capsule in Secondary Breast Surgery

Speakers: **M. Pacifico, G. Bistoni, P. Montemurro**

10.30 – 10.50 COFFEE BREAK

10.50 – 11.50 **KEYNOTE REFLECTIONS: THE WISDOM OF EXPERIENCE** (15' each)

A Lifetime in Breast Surgery: Lessons Learned, Changes Made - **M.B. Nava**

Reflections on Experience, Change, and Growth in Breast Surgery
P. Hedén

How Years of Practice Have Shaped My View of Breast Surgery - **M. Hamdi**

11.50 – 13.00 **THE GREAT AUGMENTATION DEBATE: DIFFERENT PHILOSOPHIES, ONE FINAL SHOWDOWN** - (10' each)

Chair: **D. Hammond**

Subglandular breast augmentation with minimal incision and previous expansion **F. Mayo**

When are PU implants saving the day in a smooth world? - **D. Stavrou**

My comparative experience with Structural Anatomic Implants and Minimal Invasive - **C. Stan**

Losing the Upper-Pole: What I've learned and Stopped Doing - **R. Ionescu**

A Modern, Fast-Track Approach to Breast Augmentation - **P. Mallucci**

13.00 – 14.00 LUNCH



SPONSORED SESSIONS

3 DECEMBER THURSDAY

16.30 – 17.30 **INDUSTRY SPONSORED SESSION 1**

17.30 – 18.30 **INDUSTRY SPONSORED SESSION 2**
Live Planning with Models

4 DECEMBER FRIDAY

INDUSTRY SPONSORED SESSION 1 16.30 – 17.30

INDUSTRY SPONSORED SESSION 2 17.30 – 18.30
Live Planning with Models

MBN YOUNG 2026

Major international meetings such as the MBN are undoubtedly of great value for surgeons who already have some experience in aesthetic breast surgery. However, for young surgeons, some topics may at times feel too advanced or not immediately applicable to everyday practice. For this reason, after the great success and outstanding participation of 2024's edition, MBN 2026 will once again dedicate an entire afternoon to young surgeons with MBN YOUNG.

The goal of MBN YOUNG is to provide practical, useful, and immediately applicable take-home messages to those who are still at an early stage of their career. Basic but essential topics such as implant choice, surgical technique, complication management, and decision-making in breast augmentation will be discussed by the same international faculty of the MBN. This will give young surgeons the unique opportunity to interact directly with world-renowned speakers, ask questions, and openly discuss the issues they face in daily practice.

This year, in addition to focused educational talks, MBN YOUNG will also include a video session, interactive discussions, and a live planning session with models, offering participants an even more practical and engaging learning experience.

MBN YOUNG will take place on
SATURDAY, 5 DECEMBER
STARTING AT 14:00
in the same conference centre where
the MBN takes place.



14.00-15.10

**MBN YOUNG
THE MASTERS´ PERSPECTIVE (10´ each)**

Chair: ***M. Pacifico***

1. Understanding the IMF: Fundamentals of Implant Selection
M.B. Nava
2. How To Manage Asymmetries - ***P. Montemurro***
3. Breast Augmentation Basics: What You Cannot Afford Not to Know - ***B. Cagli***
4. The First Implant Choice: Teaching Young Surgeons Where to Start - ***M. Hamdi***
5. Importance of Implant Placement in Relation to NAC - ***P. Hedén***

15.10-16.10

**MBN YOUNG
LIVE EXPERT FORUM**

Open discussion on practical questions, controversial topics, and everyday decisions in aesthetic breast surgery (12´ each topic)

Chair: ***D. Hammond***

On stage: ***P. Montemurro, C. Stan, F. Mayo, R. Ionescu, G. Bistoni***

1. Sizers in Breast Augmentation: Useful Aid or Poor Substitute for Planning?
2. New Techniques, New Materials: Strengths, Pitfalls, and Safe Adoption
3. Recovery After Breast Augmentation: How Strict Should We Be?
4. Round or Anatomical Implants: Does Shape Really Matter?
5. Building a Modern Aesthetic Practice: Social Media, AI, and the New Rules of Visibility

16.10-16.30

COFFEE BREAK

16.30 - 17.30

**MBN YOUNG
LIVE PLANNING WITH MODELS**

How to assess the breast, take the right measurements, and choose the appropriate implant (15´ each)

Chair: ***R. Ionescu***

On stage: ***M. Mendanha, P. Mallucci, P. Hedén, C. Stan***

17.30 – 18.30

**MBN YOUNG
VIDEO SESSION**

Operative details, technical tips, and surgical strategies (8´ each)

Chair: ***M.B. Nava***

1. ***M. Mendanha***
2. The Balcony Technique: my approach to mastopexy augmentation - ***R. De Vita***
3. Mastering the Dual-Plane Technique - ***M. Pacifico***
4. Augmentation Mastopexy: A Bespoke Approach - ***P. Mallucci***
5. The Utility Of The Submammary Plane In Breast Augmentation
D. Hammond

16.00-16.30

MBN YOUNG COCKTAIL

SUPERSTUDIO+ EVENTS

Via Tortona, 27
20144 Milano



CONGRESS VENUE

HOTEL ACCOMMODATION

RESERVE A ROOM

Promotional rates are available for all participants who desire to reserve a room in the hotel next the congress venue (about 2 minutes walking distance).

NH Milano Congress Centre ****

Strada 2a, Milanofiori, - 20057 Italy | +39 02 82221



The NH Milano Congress Centre hotel, formerly known as NH Milanofiori, was entirely refurbished in 2015 and gives you easy access to the shops, restaurants.

The nightlife of Milan's bustling Navigli area is only 4 metro stops away.

Located in Assago, just outside the city, it includes one of the largest conference centers in Milan, and it's also just a short walk from the Milan Assago Forum with its international concerts and shows. The city center is only 15 minutes away by metro.

If you are interested to secure here your room at a special price, please use the following link:

<https://www.nh-hotels.com/en/eventsweb/mz-events-srl>



ORGANIZING SECRETARIAT

MZ EVENTS SRL

Via Carlo Farini,
20159 Milano

EMAIL: congress@maurizionava.it